

Montgomery County Employee Wellness Center

The most important thing you can do for you and your family is to stay healthy. Our onsite health center will help you meet your goals and is open to all **Montgomery County** employees. The center is staffed by a Nurse Practitioner and nurse Medical Office Assistant, and offers a variety of services.



SERVICES

Acute Care – getting back to healthy

Treating illnesses, minor injuries, and skin conditions

- Cold/flu
- Conjunctivitis
- Cuts
- Headache/migraine
- Infections
- Muscle and joint pains
- Nausea/vomiting
- Rashes
- Sinus infections
- Sore and strep throat

Preventive Care – staying healthy

Administering vaccines, health education, and wellness services

- Screenings
- Vaccinations
- Wellness coaching

Disease Management – helping you stay healthy

Developing treatment plans and follow-up for chronic conditions

- Allergies
- Asthma
- Depression
- Diabetes
- Emphysema
- High blood pressure
- High cholesterol
- Thyroid conditions
- Weight management



QUALITY OF CARE

Nurse Practitioner

- Master of Nursing or Doctor of Nursing Practice Degree
- Performs physical exams, orders and interprets tests, and provides treatments

Medical Assistant

- Performs administrative and clinical tasks, such as measuring vital signs and administering medications and injections
- Writes prescriptions and orders tests as needed



LOCATION & HOURS

Montgomery County Employee Wellness Center

755 Roanoke St Ste 2D
Christiansburg, VA 24073

Tuesday: 9:00 a.m. – 5:00 p.m.

Wednesday: 7:30 a.m. – 2:30 p.m.

Schedule an appointment: at 866.959.9355 or via patient portal. To obtain access to the patient portal, please contact the clinic staff and provide your email address to become web-enabled to gain access to your account.



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